



# WOMEN'S GOLF DAY

**Tuesday, June 4**

**Highland Country Club**

**11:00am - 12:30pm**

Join us for a 90 minute experience geared for women of all ages and golf skills as we celebrate playing golf and learning the skills that last a lifetime!



### **Pure Barre Pop Up**

The Golf Benefits of Barre, A Yoga Style Core and Stretching Experience



### **FUN Golf Games & Challenges**

Led by The First Tee of the Sandhills Female Staff



### **Healthy Habits Refreshments**

Sample Clean Juices + Smoothies

**Cost: \$10**

Following the Women's Golf Day event, participants are invited to stay at Highland Country Club to enjoy a pre-selected lunch menu and 9 holes of friendly golf as we continue International Women's Golf Day celebrations! **Lunch and Golf provided at a Women's Golf Day Special Event price!**



**For Additional Details & Registration visit,  
[TheFirstTeeSandhills.org/WomensGolfDay2019](http://TheFirstTeeSandhills.org/WomensGolfDay2019)  
or Call Us at 910.255.3035**